

The Cataract Surgery Experience



This informational tool is being utilized in a current Quality Improvement project at the University of North Florida. It is designed to help the researchers gain knowledge and understanding of appropriate measures affecting patient satisfaction. Reviewing this tool and completing the postoperative survey will indicate consent for participation. Participation in this project is not mandatory.

Southpoint Surgery Center
7051 Southpoint Pkwy, Jacksonville, FL 32216



Preoperative area



- You will be welcomed by your surgery team and will meet your healthcare providers.
- Your team will consist of your surgeon, an anesthesia provider, a preop nurse, an operating room nurse, and surgical tech.



- Your procedure will be explained and any questions will be answered.
- Your health history and physical status will be assessed and consents are signed.
- A team member will start your intravenous catheter (IV) for medication administration.



- A nurse will administer multiple eye drops that will dilate your pupil.
- A small sponge (pledget) may be used to further dilate your pupil if needed.



Operating Room



- Your IV will be used to provide medications for sedation as needed.
- The goal of the sedation is to keep you comfortable. You remain awake and hear talking in the operating room.
- A cannula will be placed under your nose that supplies plenty of additional oxygen.

- Your eye will be prepped with sterile solution and additional topical anesthetic eye drops are used to numb your eye throughout the procedure.
- Your forehead will be taped securely to help position you for the procedure and draped with a plastic waterproof cover.
- Your eye will be kept moist by using a balanced salt solution during the procedure.

- Your eyelid will be kept open by a device that prevents blinking and promotes a wide surgical field.



Operating Room



- Your surgical team and anesthesia provider will ensure your comfort before starting the procedure.
- Your surgeon will use a microscope to assist them during the procedure.
- A bright light comes from the microscope and you will be asked to “watch the light” during the procedure.



- Your anesthesia provider will continually monitor your vital signs and level of comfort, or sedation, during the entire procedure.



- Immediately following the procedure, you will be awake and alert.
- You may not have clear vision immediately following the procedure due to the use of the eye drops, but it will improve.



Postoperative area



- Your vitals signs and comfort will be continuously reassessed.
- A nurse will provide you and your designee with discharge instructions.



- A clear eye shield will be placed over your eye and kept on for safety until seen by your surgeon at your postop visit.



- You **MUST** be assisted to your vehicle and someone **MUST** drive you home after your surgery.
- **BEST WISHES** and **SEE** you later!